

Schroth Best Practice®

The Schroth
Best Practice® course program
January 16-17th, 2026



Course location:

ScolioFys Scoliosis & Spine Clinic
Vesterbrogade 35, 4th floor
1620 Copenhagen V

Acommodations:

Comfort Hotel Vesterbro
Vesterbrogade 23-29
1620 Copenhagen V

*We have arranged a 10% discount with the hotel
which is located next door to the clinic*

Description

The official Schroth Best Practice® Refresher course program is designed for practitioners with Schroth Best Practice Basic Certification.

The course is required to keep certification current and remain active on the Academy Website.

3 cases should be sent in advance at least 3 weeks prior to the course.

Upon completion:

Upon completion of the two day course attendees will:

- be able to accurately diagnose scoliosis curve patterns
- be able to measure Cobb angles on x-ray
- get re-certified as Schroth Best Practice® Basic Level
- have the knowledge to implement pattern specific exercises and treatment plans for patients
- have gained hands-on knowledge and experience treating patients with a variety of curve patterns
- be updated on the latest evidence

Pricing:

-Price per participant for entire course is: DKK 7.000 to be paid by November 1st, 2025.

Course is limited to 12 participants for an optimal learning environment and hands-on experience. Your spot is not guaranteed until payment is received.

Price includes:

- Schroth Best Practice Refresher course
- Course Materials
- Lunch and food during course breaks
- Re-Certification upon completion

Instructors:

Lisa Elliott & Pernille Winsløv Wied, B.Pt

- **SBP Practice Physical therapists**
- **Schroth Best Practice Senior Instructors**
- **SBP Academy Board Members**
- **Best Practice Bracing Specialists**

Payment upon reception of invoice. A refund will be issued if course is cancelled by ScolioFys. can be made via bank transfer.

[Full registration and payment is due by November 1st 2025](#)